

The Academic Wellness ProjectScript - Video 1

Cheating

INT. BEDROOM - NIGHT

The bedroom door opens, in walks Anoushka (21). She wears a big bulky winter jacket and carries her heeled boots in her hand.

She puts her phone down on the desk.

She puts her coat on a coat hanger, to reveal a silver sparkly dress.

Narrator: Meet Anoushka, a third year student. She had been out with friends partying on a Friday night. Anoushka struggles with balancing school work and social life.

Her phone rings on the table

It is Cortez, she stares at his contact name for a little bit and then refuses the call.

The phone rings again, now Anoushka is forced to answer.

Cortez: Why won't you answer my calls? We said we could call after the test to compare answers.

Anoushka: Wait, the test, what test!? (confused)

Cortez: The one that's due tonight at 11:59PM?? Don't tell me you forgot about it...

Anoushka drops her phone on the ground, and we can hear a faint last call from Cortez.

Cortez: Anoushka?... Anoushka!

Anoushka(O.S): I'll call you later.

She grabs her laptop, then a water bottle.

On her laptop Screen Appears: - Test- MCQ- Open Book, 20 marks. She clicks on the "START TEST" button on her screen.

Freeze frame, text bubbles appear to explain the meaning of an open book test:

"In take-home exams or open book exams the students can have access to books, papers and online content, or other material as specified by the instructor ([Elkhoury, 2021](#))."

Narrator: In take-home exams or open book exams the students can have access to books, papers and online content, or other material as specified by the instructor.

Narrator: In Anoushka's case, the instructor has allowed the students to only use the textbook. Other materials have not been approved.

She looks at her textbook next to her laptop, then she reads the first question

Anoushka stares at the question blankly.

Question 1

She skips to the next one

The next one.

Question 2

The next.

Question 3

The next

Question 4

She scrolls down to the last page without having answered a single question. Anoushka starts to panic, her breathing speeds up. Her ears are ringing with white noise.

Anoushka: Ugh why did I go out... That was such a bad idea.(regretful)

Anoushka: .. But I was just trying to have fun and take a day off for once. Just. one. Day. (sigh)

She opens a Search tab, she copies and pastes the first question from her test on the search bar. She does not press enter. The cursor on her computer screen keeps circling the eyeglass symbol.

She goes back to the test page and reads the question again.

She looks at her textbook next to her laptop, then at the Search tab, back and forth three times.

Anoushka: I don't have time to read the book and look for the answers... I can't fail this test. I just can't.
(stressed)

Back to the search page, she presses enter and searches the answer to the first Question.

She reads the answer to the question and selects it from the multiple choice options on her test, as we hear the Narrator's voice.

End of scene.

Narrator: Although Anoushka could be unintentionally engaging in academic misconduct, it is still a breach of York University's Academic Conduct Policy and Procedures.

Narrator: A lower grade earned honestly is better than a higher grade earned at the cost of a breach of York University's Academic Conduct Policy and Procedures.

Narrator: To avoid academic misconduct, Anoushka could speak to a professional such as an academic advisor, counselor, or others to discuss time management and stress relief strategies.

Narrator: Cheating - *as defined by York University* - is the attempt to gain an unfair advantage in an academic evaluation. Forms of cheating include but are not limited to:

- Using an undocumented or unreferenced content generator, including the use of text-, image-, code-, or video-generating artificial intelligence (AI).
- Obtaining assistance by means of documentary, artificial intelligence technology, electronic or other aids that are restricted by the instructor.
- Obtaining a copy of all or parts of an examination, test or course material before it is officially available.
- Copying another person's answer(s) to any submitted assessment including examination questions, assignments, and lab reports.

- Consulting an unauthorized source in the completion of an assessment such as a test, quiz or exam.
- Deliberately disrupting an academic evaluation by any means.
- Changing a grade, score or a record of an assessment.
- Submitting the work one has done for one class or project to another class, or as another project, without the prior informed consent of the relevant instructors.
- Submitting work prepared in whole or in part by another person, whether for money or otherwise, and representing that work as one's own.
- Submitting work prepared in collaboration with a third party when collaborative work on an assessment has not been authorized by the instructor/supervisor, and goes beyond correction of grammar, idiom, punctuation, spelling and sentence mechanics.
- Preparing work in whole or in part that is to be submitted by another student for appraisal.
- Circumventing the anti-cheating safeguards when completing in-person or remote exams, tests or assignments
- Representing another's substantial editorial or compositional assistance on an assignment as the student's own work.

and

- Taking any action which can reasonably be interpreted as intending to encourage or enable others to commit an offence of academic honesty.

Narrator: Students who violate York University's Academic Conduct Policy and Procedures are subject to penalties that can be imposed singularly or in combination for any offense. Examples of penalties could include a written warning, a make-up assignment, a failure in the course, a permanent grade of record, a notation on the transcript, suspension from the university for a definite period or with transcript notation, or the withholding of a York University degree.

Narrator: There are many resources available to support and aid students in their academic wellness journey. Students in the Faculty of Health are encouraged to connect with the [Office of Student and Academic Services](#). Academic advisors can help you understand your degree requirements and track your academic progress. In addition, Calumet and Stong Colleges' [Student Success Programs](#) offer personalized academic support through Peer Tutoring, Peer Mentoring, Peer-Assisted Study Sessions, and Course Representative check-ins. These services are designed to help you stay engaged and confident in your learning journey.

Narrator: To build strong academic habits, develop the skills needed for success in courses, and avoid issues related to academic misconduct, students can take advantage of workshops, self-guided modules, and one-on-one assistance through [York University Libraries](#) and the [Learning Commons](#). These resources provide support in areas such as information literacy, citation skills, academic integrity, time management, and exam preparation.

Narrator: Students facing mental health challenges can get support through York University's [Student Counselling, Health and Well-being](#) and Calumet and Stong Colleges' [Health and Wellness](#) Program – Where students can access mental health counselling, workshops, and opportunities to connect with peers through community-based events and creative wellness activities.

Narrator: For additional details on academic honesty, policy, procedures, regulations, and resources at York University please visit:

www.yorku.ca/unit/vpacad/academic-integrity

www.yorku.ca/secretariat/policies

www.yorku.ca/secretariat/policies/policies/academic-conduct-policy-and-procedures

References

Elkhoury, E. (2021). *Open Book Exams Toolkit*. York University Teaching Commons.

<https://www.yorku.ca/teachingcommons/wp-content/uploads/sites/38/2021/03/Open-Book-Exam-Toolkit.pdf>

York University. (2024). *Academic Conduct Policy and Procedures*. York University Secretariat.

<https://www.yorku.ca/secretariat/policies/policies/academic-conduct-policy-and-procedures/>

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