

# New Beat

## Back to School

NEW STUDENTS | NEW INFORMATION | NEW COLLEGE

September 2018

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newcollege/  
beat.html](http://yorku.ca/newcollege/beat.html)



### Opening Of The Second Student Centre; Space For Them, By Them

The Second Student Centre has opened doors through the amazing York wide collaboration lead by students from which a great piece of architecture has emerged as the hub for students – significantly increasing club space, study space and lounge areas available on campus. The design guided by a consultation process that covered 11,000 student surveys was collected in order to gauge student preferences and priorities.

Located at the centre of campus, the glassy structure houses a wide array of student-lead programming, closely reflecting the results of the student surveys. For students, the benefits of a more comfortable and socially conducive learning – and living – environment are extremely important amongst the increasing university student body population.

The Second Student Centre aims to acquire LEED Silver certification and meets the requirements of Toronto Green Standards through multiple strategies including: fairly extensive green roofs and permeable landscape surfaces to reduce heat gain and aid storm water management; native, water-efficient planting, bicycle parking and showers to encourage alternative modes of transport, reduced energy use through lighting controls, and the appropriate selection of materials for improved indoor air quality. The interiors are designed as communal spaces with ample seating – over 90% of the building space is naturally lit – contributing towards the building's sustainable design and pleasant ambiance.

Right from its early planning stages, this building was designed to go beyond accessibility with the goal of inclusion to shape a welcoming crossroads for all students. This means that all interior and landscaped spaces are designed to be accessible, with ramps incorporated as natural dynamic elements rather than separate afterthoughts.

Guided by input from students, the Second Student Centre has increased 10% of study space, 65% of studio space, 50% more space for meetings, 18% more for clubs, and 36 brand new offices are made available to book free of charge to ratified student clubs (just have to fill out a welcome package and be ratified with either YFS or SCLD), and a 70% increase in prayer space for multi-faith prayer.

As a commitment to help address food security on campus and encourage healthy eating at affordable prices, the Second Student Centre will have MiaFresco Café opening soon located on the ground floor. It will offer healthy food options, primarily salads, sandwiches, wraps, soups and coffee. Additionally, the Campus Meal Club is an initiative that will be rolling out this September. Students will have the opportunity to order essentially healthy food online and schedule a pick up time. This is meant to make healthy eating easier and convenient at prices considerably cheaper than options on campus. The price point will be \$8 per meal, which is about \$4-\$5 cheaper for similar meals elsewhere on campus. This is a program open to everyone on campus.

On September 19<sup>th</sup>, a celebration event to mark the success of the student body in opening of the Second Student Centre will be held. "A space designed by them, for them." There will be a BBQ, live music a DJ and many other fun activities where the time capsule will be buried in front of the building. The time capsule will contain over 15,000 messages and artifacts from students and clubs for future generations. The time capsule will be opened in year 2041 to coincide with the Student Centre's 50th anniversary.

WRITER: ZEHRA QUASIM (4TH YEAR, BCOM ACCOUNTING,  
AND CO-PRESIDENT EDA)





## Five Things Students Wish They Knew Sooner About Transportation

### Presto Card:

With York being a commuter school it is more likely that you will be commuting on a daily basis. Presto offers you with student discount options for 11 different transits. To change the status of your presto card to a student card go to <http://gocard.yorku.ca/>. For GO transit users don't forget to tap the PRESTO device each time you board a bus or at the station before you board your train. Tap again when you exit.

### York U Bike Buddies:

A great way to get to school and to get some exercise is to bike to school. Join the York U Bike Buddy program to find a fellow student or staff member to cycle with to York University! York also provides four DIY Bike repair stations on campus. For more information please head to <http://transportation.info.yorku.ca/2017/09/york-u-bike-buddies/>

WRITERS: DENEISHA REECE (3RD YEAR, BHRM)  
AND HARPREET PABLA (4TH YEAR, BHRM)

Teachers in high school always told me university would be the first step to adulthood. The place where I will be independent. The place where no one will overlook me. To be quite honest, the transition was a lot easier than expected. This does not mean it will be an easy transition though. With the following tips, I hope you will have a successful transition too.

### Deadlines

There will always be deadlines to meet. Always. Courses at York University will have assignments, group projects, online quizzes, tests, exams, etc. The heavier the course load, the more difficult it is to maintain deadlines or finishing dates. I have come to the realization that the most efficient ways of overcoming these deadlines are to utilize a calendar, a whiteboard to glance at, the to-do list and mobile phone reminders to constantly remind yourself what is coming up next. Financial deadlines, alongside course adding/dropping deadlines will be found on the York University website. These are important as you do not want to pay interest on the courses you are currently taking. In addition, adding/dropping courses can

### VanGO Service:

"York University is pleased to offer an on-campus scheduled mobility service to help persons with disabilities get from one on-campus location to another. The VanGO service is available year-round, Monday to Friday, to assist students, faculty and staff with their mobility needs between the hours of 8:00am and 10:00pm daily." <http://transportation.info.yorku.ca/shuttle-services/vango-service/>

### Subway:

The brand- new subway is up and running. The subway is an extension of Line 1. The subway will run every 4-5 minutes depending on the time of day. For more information please go to <http://transportation.info.yorku.ca/subway/faqs/>



### Real Canadian Superstore Grocery Shuttle Bus:

For any York students who may be living on campus and need to get groceries here's a perfect way to commute. "The shuttle will run Tuesdays, beginning September 11th, from 6pm to 9pm. Along with the free shuttle they will give all the students 10% discount in points. Pick up in order at the following locations

6:00pm, Winters Residence loop (Vanier, Tatham, Winters)

6:10pm, Calumet loop (Calumet, Bethune, Stong)

6:15pm, Atkinson College Parking Lot (Pond, Atkinson, Passy, and Assiniboines)

## The Transition Of A Lifetime

encounter. For more information on the resources at York University, go to <http://acadresources.yorku.ca/>.

### Maintain Happiness

Although this is a stressful transition that may take weeks or even months to grasp, do not let go of your passions. Reflecting on my first year, I was extremely involved in the community and therefore, I lost touch with many passions I had before the stress of transition. Self-care is substantial in the happiness of an individual. Always keep time for yourself and to continue to maintain the happiness which brought you to York University. Remember to keep that smile and enjoy the moment. If you have any troubles along with your journey, I will always be here to discuss and guide you to the resolution. To the incoming York University Lions, enjoy the transition and have an amazing year!

WRITER: JASKARN DUHRA  
(2ND YEAR BCOM (MANAGEMENT), VP OF SOCIAL AT NEW COLLEGE)



## Your Survival Kit To First Year

"Time Management is key", I would hear all university students say, but never really understood this until my first midterm rolled in. University life can be a huge transition from high school, and you may find that study techniques and time management strategies that were great in high school, may no longer work as effectively in university. Luckily, the learning skills service is here to help!

The Learning Commons provides great resources and services to ease this academic transition into university. Located on the second floor of the Scott Library, the hub provides several workshops, drop-in appointments, virtual advising, and "On-the-Go" resources. The service is also great for exploring your individual learning style. With the assistance of my Advisor, I learned that I was actually an auditory learner during my second semester in university, and that the study strategies I had been practicing were ineffective for me.

Learning Skills Services (LSS) provides workshops regularly throughout the semester on topics such as: time management, effective note taking, course readings, and exam and test preparation tactics, to help build student learning strategies. Attendance to eight or more workshops can also make you eligible for a "Learning Skills Passport to Success" certificate; a great addition to your resume!

Personal advising is also available at the Learning Skills Pod in Scott Library. Students can drop in during office hours for a 10 - 15 minutes session with an Advisor and discuss different strategies one-on-one, on a first-come, first-serve basis. Individual consultation can be extremely beneficial when it comes to discovering your individual learning style, and effective study methods.

Can't find the time to visit the pod personally? LSS has got you covered! LSS posts several handouts, modules, and videos on its website that cover topics such as effective note taking strategies, reading skills for university, and time management tips. Dozens of tools and planners are also available on the website to assist you practically in achieving your goals.

High school classes to university lectures can be a difficult transition due to the different teaching styles. One hour periods are replaced by three hour lectures, and there is a huge amount of content to cover in a short window of time. If you are feeling stressed and overwhelmed with the new workload, you can visit Student Counselling and Development Services. Student Counselling supports students with managing university studies through different counselling sessions and workshops, targeting issues like anxiety and stress management.

Tests and exams may not be the only thing to worry about, as the majority of learning is conducted through independent research essays, reports, assignments, etc. Unfortunately, you can no longer rely on a quick Google search for research! The Writing Centre offers great services to get you started on your assignments.

After booking an appointment, you can meet with an Advisor for a one-on-one 15-minutes session. This is a great opportunity to discuss your thesis, supporting ideas, or simply have a fresh pair of eyes review your work. Those who cannot make it to a one-on-one session have the option to chat online with an instructor. All you have to do is visit the website and book an appointment in advance.

If you are looking for some extra tutoring on your next piece of writing, you can visit e-Tutoring Paper Submission online. Upload your assignment draft for a second opinion from an instructor. The instructor can assist you along the way, as you work on your assignment.

Writing workshops are also a great way to improve your writing skills and are offered several times throughout the semester. These workshops focus on different elements of writing, and discuss different forms of writing. Not only are they great learning opportunities, but they are also free! Check in regularly so you won't miss the specific workshop in which you may be interested.

For any general inquiries on writing, you can visit the learning pod located on the second floor of Scott Library. This is a quick drop-in session conducted on a first-come, first-serve basis and is a great opportunity to get some quick feedback.

WRITER: LARAYB RAZZAQ (3RD YEAR, BCOM)



### THE REAL LIFE PITCH PERFECT!?

Join York U's very own A Cappella group!  
WIBI A CAPPELLA AUDITIONS:  
September 14-16, 2018

Catch a live performance  
September 4, 2018  
Orientation Ceremony 6pm-8pm  
@ York Lions Field

For more information visit:  
<https://www.wibiacappella.com/>

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