



New Beat

Welcome Back!

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www.new-college.laps.yorku.ca/new-beat-newsletter/

New College

DECADE OF THE EAGLE

GET YOUR TICKET TO NEW COLLEGE'S ORIENTATION WEEK! TICKETS ON SALE NOW AT YUSTART.YORKU.CA. WITH THIS TICKET, ENJOY 9 DAYS OF ACTIVITIES, EVENTS, AND THE OPPORTUNITY TO CONNECT WITH OTHER STUDENTS.

ORIENTATION WEEK IS FROM
AUGUST 31, 2019 - SEPTEMBER 8, 2019.

DEAR EAGLES...



On behalf of New College Council I would like to welcome all incoming students and all returning students. For those of y'all who do not know about what New College Council does for the community and how it benefits the University campus life, I will answer this frequently asked question!

New College Council is divided into several different departments: Social, Athletics, Promotions, and Academics. Within each department, our mission statement states that we want to enrich and improve aspects of individuals lives during their time at York U. I will briefly describe what each department does.

SOCIAL

Social helps bring together community within New College through various parties, trips and gatherings! The goal of social is to help people make friends and unwind a little from the stressful academic year!

Contact Social@newcollegecouncil.com for more info

ATHLETICS

Interested in sports? Intramurals got you covered. As a former VP athletics I can say that intramurals is a great way to stay fit, relieve stress and meet people with a common interest!

Contact Athletics@newcollegecouncil.com for more info

ACADEMICS

New College has several clubs that you can join that you can use as a networking opportunity for your future career! From Resume workshops to conferences, our great chain of New College affiliates clubs has you covered! Contact Academics@newcollegecouncil.com for more info

PROMOTIONS

Ever wonder where the fantastic videos and photos within New College come from? Well our promo team works hard every night taking pictures of our great events! Contact Promotions@newcollegecouncil.com

I hope this helps some of you incoming students out! Welcome back Eagles and on behalf of New College Council, I wish you a great academic year!

Matthew Borges
VP Operations
New College Council 2019-2020

The Peer Mentorship Program

LA TOYA SIMMS | PEER MENTOR

My name is LaToya Simms and I will soon start my fourth year as a student in Human Resources Management. I have been involved in the Peer Mentorship program for two years and am always excited to work with new students each year.

The Peer Mentorship program is an upper year student helping first year students with information on where to access or locate certain services and locations on campus.

It is great to know that students feel more at ease when I answer their questions and give them referrals. Students often ask me what courses they need to take for their second year. In my opinion the best resource that will help them determine what courses to take next year is Academic Advising. Students are also grateful to know that peer mentors notify them about upcoming dates in regard to class enrolment and drop out dates. Through this program, I have been able to make new connections, enhance my skills and give back within my college community.

My network continues to grow throughout the years, and I cannot wait to tell students all the wonderful activities that New College and York University has to offer!

STUDENT CHOICE INITIATIVE IMPACT ON NEW COLLEGE

KRISTY CHUI | PRESIDENT
NEW COLLEGE COUNCIL

There have been some changes implemented by the government that directly affects New College Council. The Student Choice Initiative (SCI) was implemented to give students the choice and decision of opting in or out of fees that are deemed non-essential. This means that each and every student gets to decide where part of your tuition goes.

By staying opted in, the funding NCC uses will be to support events and services that we provided in previous years. Supporting our academic clubs, small social events, movie nights where there are snacks, large socials like going to Montreal and the possibility of bringing back merchandise. These things would not be possible without the support in the community. Students have until September 18th to decide whether to stay opted in, or to opt out, and the fees are based on a per-credit basis.

If you have any questions about the SCI and why you should remain opted in, feel free to email me at president@newcollegecouncil.com Please save the colleges, support your student government by staying opted in.

Financial Support Peers:

HELPING YOU RECEIVE MAXIMUM FINANCIAL AID

JOANNE ONG | FINANCIAL SUPPORT PEER LEAD
YORK UNIVERSITY'S STUDENT FINANCIAL SERVICES.

Money can be such a stressful topic, but it's an important part of daily life, especially for students. A post-secondary education is an expensive investment, and it's no surprise that students can sometimes feel overwhelmed. In recognizing the need for additional support for student financial services, the Financial Support Peer program was launched in September 2018. This program aims to help foster resilience and help students better manage the complexities around their finances.

How can a Financial Support Peer help?

Under the direction of Student Financial Services, our team is committed to solving your queries about:

- OSAP
- Student Choice Initiative
- Part-time loans and grants
- Scholarships and bursaries
- Your Student Account
- Out-of-province financial aid
- Loan repayment
- US loans
- Bursary for Students with Disabilities

Whether it be through an on-the-spot answer, effective referral or workshop, we are here to address your financial concerns!

Why should I meet with a Financial Support Peer?

As students ourselves, we can empathize with the burden of tuition fees and having to stretch a tight budget. We can relate to you first-hand about having to deal with the stress of upcoming fee due dates and navigating through your financial aid applications. With the initiation of a peer-to-peer platform, you can partake in an ecosystem where students learn from students who have been around the block and experienced success and can have genuine conversations about financial aid and financial literacy. We are here to help you refocus your efforts on your studies.

Where and when can I meet with a Financial Support Peer?

Financial Support Peers will be available at the welcome desk of the Bennett Centre all year, and at the Red Zone in Vari Hall for the first two weeks of September. Stay tuned via your email, the Student Life YU Instagram account, and through your College events at colleges.yorku.ca/events/ for more details on our service area and hours of service, workshop dates/locations and other updates. We look forward to seeing you!

Tips from Your Peer Mentors

York University has so much to offer to make your student transition a smooth one. Here are some useful tips on what to get out of your experience at York and how to make your experience a successful one.

Many students are concerned about what courses to take in their second, third and fourth year at school. The best way to know what courses to take is through your student checklist. You can find your student Checklist through Academic Advising. You can also check what your GPA is at the end of the Academic year by using the degree progress report. The degree progress report can be accessed online and it is best to speak with your Academic Advisor for more clarification in regards to your GPA -**LaToya Simms**

Have a proper school calendar where they you can write down all the due dates for assignments and projects. In my opinion, it's better to have at least a small hard copy calendar cause sometimes it's easy to forget if it's on your laptop, however, if you use laptops all the time and it's the most efficient for you then go ahead. Another tip will be to ensure you go to class and make a friend from every class. It's easy to skip class trust me, but however, oftentimes most of the important topics are explained and reviewed extensively in class and missing out on it could definitely impact your grades -**Mobisola Obadimeji**

Professors may seem scary at first, but some are friendly and willing to talk and even help you out. If your professor offers to look at your draft (essay) take that opportunity as it is a great way to check if your essay is on track. If the professor asks if the class wants a review class before the exam, say "yes", because those review days are great as the professor tends to focus on the key topics of what may be on the exam. Use the university academic resources! During my first year I found essay writing very stressful, but when I was recommended to visit the writing centre, writing essays with their guidance made it less daunting. The writing centre will look over your draft give tips, tell you if there are problems in grammar, if your citations are correct, and help you make revisions. Remember they are there to guide you, not write your essay. So, make sure to bring a draft for them to review, have questions that would help you make a better essay writer and book the session well in advance of the due date of the essay -**Jonathon Young Pao**

Join free and paid recreational programs provided at Tait McKenzie Centre, as being involved in physical activities help in reducing stress, improving mood, makes you more energetic and you comprehend work faster and remember better. If you don't want to get involved in sports activities, then go for a walk, spend at least 30-40 mins outside in nature every day, you'll feel better and more energised when you come back home - **Siddharta Anand**

YOUR TIME AT YORK

KIREETI VEJANDLA | VICE-PRESIDENT PROMOTIONS
NEW COLLEGE COUNCIL

University... a very mysterious place with different stories and experiences that you might have heard about. I still remember my first day at York, running around a large campus trying to find a brick building. My first few months was just attending classes and going home. I loved the idea of getting to leave home early and having days off. That's not exactly what university is about. University is all about learning new things (about yourself, others, the world, and life in general) and the best learning happens outside the classroom. Getting good grades is just one aspect of obtaining a good job. Today, employers are interested in students who are involved in their community, in addition to a good GPA. Any type of involvement (academics, intramurals, clubs, or council) can help you develop significant skills that you can later apply.

The most important lesson that students should know is how to BALANCE. Learn how to manage your time so you are able to balance your courses and extra curricula. There is a minimum GPA needed to graduate so do not neglect your grades. Everything this college does is for its students. New College provides many free opportunities for you throughout the year. You can join New College Council, join a club, sports teams, or be a Peer Mentor for the SHARE program. York offers so many services to students that you can use to make your transition into university easier. No matter what year you will be in, it is never too late to get involved.

I was a student that never attended frosh, however playing sports with New College helped me make friends and get involved. In my second year, I started a student club with my friend called 'NOW Leaders' that focuses on leadership development. York has so many clubs ranging from dance to your professional field; search for clubs on YU Connect. That same year, I volunteered to be a Peer Mentor to help incoming students and to this day I am still a Peer Mentor. In my third year, I was elected to be the Director Promotions for New College Council. Even though I had a full course load along with council and peer mentor responsibilities, somehow I managed to play 30 sports. There are so many fun sports offered at York that you've probably never heard of, the perfect example would be Broom-Ball.

Every year that I spent at York, I learned new things and developed new skills. You won't be able to experience University again, so during your time here try to cherish every moment and get INVOLVED. I'm currently going into my fourth and last year. I will be serving as your Vice-President Promotions of New College Council for the year 2019-2020. I'm so excited to meet our froshies and see what this year holds for us. I once said I cannot wait to finish university in my first year and here I am today, saying I wish I can have ONE MORE YEAR.

Forever Flying!