Upper Year Checklist

liberal arts & professional studies | YORK UNIVERSITÉ UNIVERSITY

LA&PS Colleges are here to support upper year students to help make your time at York a more enriching, happy and social experience. Below are some suggestions in an easy-to-use checklist that will help you stay organized and take advantage of all the resources available to you.

Step 1: Complete the Basics

- ☐ Meet with an Academic Advisor to ensure you're meeting credit requirements and taking the right courses for graduation.
- ☐ Use the LA&PS Student Resource Guide. It will provide resources for academic and student services, LA&PS volunteer opportunities, leadership development and a LA&PS graduation checklist.
- ☐ Take advantage of student supports like the Writing Centre, Peer Assisted Study Sessions (PASS), Student Numeracy Assistance (SNACK), Learning Skills and more.
- ☐ Submit your FAAS Application each term to get matched with scholarships, awards and bursaries.
- ☐ Download York's Safety app, or call goSafe at 416-736-5454 to be accompanied to any campus location when needed.

Step 2: Develop Skills for Your Resume and Get Career Ready

- ☐ Complete the Leading with LA&PS program to improve your leadership skills and obtain a certificate of completion. Finish four workshops and earn a leadership certificate to level up your resume.
- ☐ Gain experience through the LA&PS Co-op Program or on-campus volunteering. Opportunities include Peer Mentoring, College Crew Volunteers, Vanier College Productions or writing for LA&PS Voices Blog.
- ☐ Book a Career Centre appointment for help with careers, resumes, cover letters and grad school applications.

Step 3: Get Social and Build Your Network

- ☐ Join a student club or student council to explore your passions, build skills and make lasting friendships.
- ☐ Study, snack, play and hang out at the LA&PS Community Hub (VC 001, Tuesday - Thursday, 11 a.m. - 4 p.m.).
- ☐ Participate in networking opportunities such as Student & Alumni Mixers, Career Fairs and Employer Recruitment Sessions.