

# Health and Society (HESO)

Challenge yourself to critically look at the complexity of health policy, and discover ways in which globalizing economies shape both illness and health care. Our Health and Society program is an interdisciplinary studies program that explores health and illness within social, historical, political, economic, ecological, and cultural contexts.

## Sample First Year Schedule

Your first year classes in Health and Society will consist of a mixture of courses within your major, general education courses and elective courses outside your major.

Course Type	Course(s)	Credits
Major Course	AP/SOSC 1801 - Health Controversies: Issues of Health, Illness and Society	6.00
General Education Course	Any approved 1000 level course from the Humanities or Social Sciences	6.00 or 9.00
General Education Course	Any approved course from the Natural Sciences	6.00
Course Outside Health and Society	Any course that is not a Health and Society course or general education course	3.00 or 6.00
Elective Course	Any course for which you meet the prerequisite requirements	3.00
Total		30.00 (maximum)

## Program Options

With Health and Society, you have the option of taking another program within the Faculty of Liberal Arts & Professional Studies as a Double Major or pursuing another program as a Minor. Health and Society can also be taken as a minor.

### Double Major Options Include:

Communication Studies	Law and Society
Criminology	Political Science
Human Rights and Equity Studies	Sociology
International Development Studies	+ many more!

### Minor Options Include:

Anthropology	Public Administration
Human Rights and Equity Studies	Sociology
International Development Studies	Urban Studies
Political Science	+ many more!

## The York Promise

York is here to support you throughout your unique university journey. Beyond academic achievement, we strive to enrich your student experience through personal and professional development by offering:

- **Career-Focused Services**

Career advising, career fairs and networking opportunities to help sharpen your professional edge.

- **Academic Support**

Learning skills workshops, outstanding libraries, academic accommodations, transition programs and academic advising services designed to help you every step of the way.

- **Social & Leadership Development Programs**

A vibrant social scene with more than 300 clubs and organizations to enhance student life, and help you develop soft skills you can bring to the table in your future career.



**Ruka Watanabe**  
Third Year Student  
Health and Society

“What I love about Health and Society is that it is an intersection of various disciplines, especially health sciences and social sciences. My courses widen my awareness and build my ability to read in between the lines to fully comprehend the society we live in.”

# Your Degree Pathway

A degree in Health and Society requires the completion of 90 Credits for a Bachelor's Degree (three years) or 120 Credits for an Honours Degree (four years). Your courses will consist of Major, General Education, and Elective Courses.

## First Year

First year will introduce you to the university environment, provide you with general education courses, and allow options for you to study courses aligned with your own interests.



**Health and Society Courses:** Health Controversies: Issues of Health, Illness and Society

**General Education Courses:** Humanities, Social Sciences or Natural Sciences (for non-science students)

**Elective Courses:** Your choice of courses outside of Health and Society

## Second Year

In your second year, you will continue your development of the fundamentals of Health and Society.



**Health and Society Courses:** A Critical Study of Health and Society

**General Education Courses:** Humanities, Social Sciences or Natural Sciences (for non-science students)

**Elective Courses:** Choose new subjects to explore or continue to develop skills from previous selections

## Third Year

Your third year in Health and Society will allow you to explore specific interests in the field.



**Health and Society Course Options:** Strategies of Social Science Research, The Patient, Environmental Health, Disability and Society, Indigenous Health and Healing + many more

**Elective Courses:** Choose new subjects to explore or continue to develop skills from previous selections

## Fourth Year

In your fourth and final year, your courses in Health and Society will be designed to meet your specific interests.



**Health and Society Course Options:** Health and Place, Engaging Health in the Community, Art and Art making for Health Research and Practice + many more

**Elective Courses:** These courses can include additional Health and Society courses or further courses of interest at the upper level



## Your Degree!