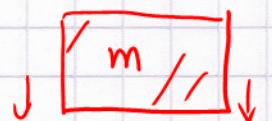


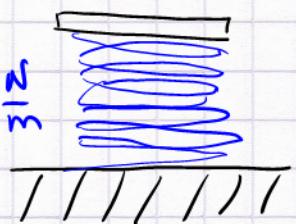
$$v_i = 3.3 \text{ m/s} \quad (\text{just before contact})$$

$$\Delta y = 0.12 \text{ m} ; v_f = 0$$

$$m = ?$$



$$k = 30 \frac{\text{N}}{\text{m}}$$

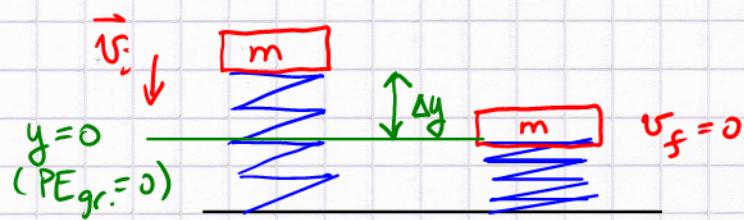


Solution.

Energy forms:

Before spring contact : $E_{\text{tot}} = \frac{1}{2} m v_i^2 + mg \Delta y$

(using the point of max. spring compression as $y=0$ for the gravitational PE)



Spring fully compressed:

$$\text{PE}_{\text{grav}} = 0 , \text{PE}_{\text{spr}} = \frac{1}{2} k \Delta y^2$$

$$\text{KE} = 0 \quad (v_f = 0)$$

$$E_{\text{tot}} = \frac{1}{2} k \Delta y^2$$

$$\therefore m \left(\frac{1}{2} v_i^2 + g \Delta y \right) = \frac{1}{2} k \Delta y^2$$

$$m = \frac{k \Delta y^2}{v_i^2 + 2g \Delta y}$$

$$= \frac{\left(30 \frac{\text{N}}{\text{m}} \right) (0.12 \text{ m})^2}{(3.3 \frac{\text{m}}{\text{s}})^2 + 2(9.8 \frac{\text{m}}{\text{s}^2})(0.12 \text{ m})}$$

Q: will the motion stop there??

$$k \Delta y = mg ?$$

$$3.6 \text{ N} = 0.32 \text{ N} \cancel{\downarrow}$$

Spring pushes back towards equilibrium!

$$= 0.0326 \text{ kg}$$

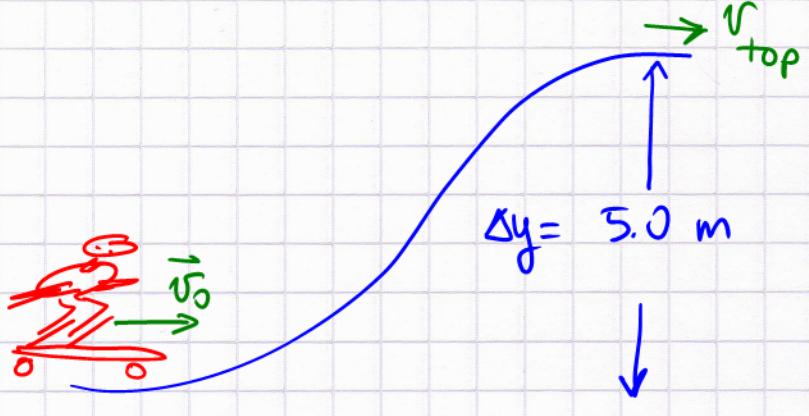
$$= 3.3 \times 10^{-2} \text{ kg} = 33 \text{ g}$$

6.70

$$m = 55 \text{ kg}$$

$$v_0 = 20 \text{ m/s} \text{ (whoa!!)}$$

$$v_{\text{top}} = 12 \text{ m/s}$$



How much work due to friction?

Solution.

Use total energy conservation.

$$\text{Initial PE}_{\text{grav}} = 0 \quad ; \quad \text{Final PE}_{\text{grav}} = mg\Delta y$$

$$\text{Initial KE}_i = \frac{1}{2}mv_0^2$$

$$\text{Final KE}_f = \frac{1}{2}mv_{\text{top}}^2$$

\sum_{tot}

Mech. Energy + Frictional loss

$$\frac{1}{2}mv_0^2 = \frac{1}{2}mv_{\text{top}}^2 + mg\Delta y + E_{\text{lost}}$$

$$E_{\text{loss}} = m \left[\frac{v_0^2 - v_{\text{top}}^2}{2} - g\Delta y \right]$$

$$= 55 \text{ kg} \left[\frac{20^2 - 12^2}{2} \left(\frac{\text{m}^2}{\text{s}^2} \right) - (9.8 \frac{\text{m}}{\text{s}^2})(5.0 \text{ m}) \right]$$

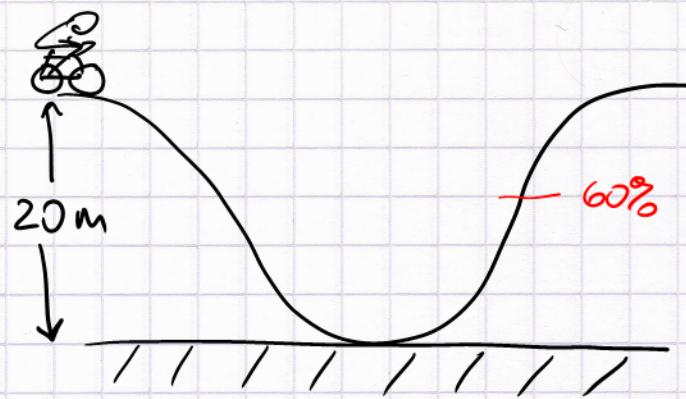
$$= 4345 \text{ Nm} = 4.3 \text{ kJ}$$

$$\text{Work done by friction: } -E_{\text{loss}} = -4.3 \text{ kJ!}$$

$$\nabla_i = 0$$

Coasts (no power input)

$$\text{M} \quad = 100 \text{ kg} \\ \text{rider + bike}$$



- a) Work due to losses (friction + drag) ?
 - b) estimate average drag force (assuming friction ≈ 0)
based on power + average (const) speed

Solution.

↳ requires excellent hubs + superinflated tires!

Solution.

Start with energy balance :

$$E_{\text{tot}} = \cancel{KE_{\text{in}}} + PE_{\text{in}} = \cancel{KE_{\text{fin}}} + \underbrace{PE_{\text{fin}}}_{0.6 PE_{\text{in}}} + E_{\text{loss}}$$

$$\therefore E_{\text{loss}} = 0.4 mg \Delta y$$

Note: we can move E_{loss} to the LHS, it becomes

$$a) N_{\text{loss}} = -0.4 \cdot 100 \text{ kg} \cdot 9.8 \frac{\text{m}}{\text{s}^2} \cdot 20 \text{ m}$$

the negative work done by
air drag (+ friction)

quick estimate

$$= -7.8(4) \text{ kJ}$$

b) • estimate average speed w/o energy loss

$$\Rightarrow \text{bottom} \quad v_{\max} = \sqrt{2gh} \quad (\text{cf free fall!}; \\ \approx 20 \text{ m/s mech. energy cons.})$$

without mech. energy cons.: $h \rightarrow 0.6 h$ in $V_{\max} \rightarrow 15^{\text{m/s}}$

$$U_{bottom} \approx \frac{1}{2} (15+20) \frac{m}{s} \approx 18 \frac{m}{s}$$

Const. acc. \Rightarrow

$$v_{avg} = \frac{1}{2} (0 + 18) \frac{m}{s} = 9 \frac{m}{s}$$

$$\text{Power} : \frac{W_{\text{loss}}}{\Delta t} = P_{\text{aver.}} = F_{\text{loss}} v_{\text{avg}}$$

$$\Delta t = S / v_{\text{avg}} \approx (30 \text{ m} + 20 \text{ m}) / g \text{ m/s} \approx 5.5 \text{ s}$$

$$\text{Power: } \frac{\text{loss}}{\Delta t} = P_{\text{aver.}} = F \cdot v_{\text{avg}} \quad \therefore \quad F_{\text{loss}} = \frac{W_{\text{loss}}}{v_{\text{avg}} \Delta t} = \frac{7.8 \times 10^3}{9 \times 5.5} \approx 160 \text{ N}$$

6.77 Electric Motor, $P = 0.75 \text{ hp}$ NB: $1 \text{ hp} = 745.7 \text{ W}$

Lifts crate, $M = 200 \text{ kg}$ → how fast?

hint: it works against gravity.

Solution.

$$P = \frac{\Delta E}{\Delta t} \quad \Delta E = mg \Delta y$$

$$P = mg \frac{\Delta y}{\Delta t} = mg v_y \quad \begin{matrix} \text{recognize} \rightarrow \text{for constant} \\ \text{force: } P = F \cdot v \end{matrix}$$

$$\begin{aligned} v_y &= \frac{P}{mg} = \frac{0.75 \cdot 0.746 \times 10^3 \text{ W}}{200 \text{ kg} \cdot 9.8 \text{ m/s}^2} \\ &= 0.286 \frac{\text{m}}{\text{s}} = 0.29 \frac{\text{m}}{\text{s}} \end{aligned} \quad \begin{matrix} W = \frac{\text{Nm}}{\text{s}} \\ = \frac{\text{kg m}}{\text{s}^2} \frac{\text{m}}{\text{s}} \end{matrix}$$

in real life: frictional losses when winding cable!

(29 cm/sec is fast for moving 200 kg up)

7.10

Rubber ball bounces from floor. $m = 0.15 \text{ kg}$

$$v_i = -3.0 \text{ m/s} \rightarrow v_f = +2.5 \text{ m/s} \quad \uparrow \hat{j}$$

$$F_{\text{floor on ball}}^{\text{avg}} = ? \quad \text{when } \Delta t = 0.12 \text{ s}$$

(contact time)

Solution.

Momentum-Impulse theorem: $\Delta p_y = F_y^{\text{avg}} \Delta t (= J_y)$

$$\begin{aligned} \Delta p_y &= p_f - p_i = m(v_f - v_i) = 0.15 \cdot (2.5 - (-3.0)) \frac{\text{kg m}}{\text{s}} \\ &= 0.825 \frac{\text{kg m}}{\text{s}} \end{aligned}$$

$$F_y^{\text{avg}} = \frac{\Delta p_y}{\Delta t} = \frac{0.825}{0.12} \frac{\text{kg m}}{\text{s}^2} = 6.88 \text{ N} = 6.9 \text{ N}$$

by comparison: the weight of the ball $= mg = 1.5 \text{ N}$