

**14<sup>th</sup> Annual Muscle Health Awareness Day (MHAD14)**  
**May 19, 2023 – Life Science Building Lobby**  
**York University**

**MSc and PhD Poster Award Competition**

A total of **14 abstracts** will be pre-selected by MHRC judges from the abstracts submitted by the **Friday Mar 12, 2023 (12 noon) deadline**. These will be a combination of submitted MSc and PhD candidate abstracts. These finalists will be competing for a total of 6 awards valued at \$200 each. All 14 finalists will be notified **4-5 days prior to the event** and **must be available to present their posters during the morning and lunch time poster-viewing periods**. Three (3) winners in each category (6 winners total) will be selected, and they will receive a certificate and a \$200 honorarium. Undergraduate students and post-doctoral fellows are ineligible for these poster awards. The winner will be announced at the end of day at around 3:30 pm.

**Criteria for Selection:**

- a) Relationship of the research to muscle health
- b) Rationale and experimental design well indicated
- c) Significance of the research well described
- d) Ease of understanding of the written abstract
- e) Quality and appearance of the poster
- f) Ability to answer questions