



STONG COLLEGE
ORIENTATION
WEEK



INTRODUCTIONS



Safiyya LaForest

she/her

SCSG Orientation
Chair



John-Mark Oleh

he/him

SCSG President



Stong College

Home to the
Kinesiology & Health
Science, Nursing, and
Neuroscience programs

WHAT IS O-WEEK?

A week of fun and informative events to welcome you to the community. It's a time for you to make connections and learn about the resources that York has to offer.



**AUG. 26 -
SEPT. 4**



STONG FROSH 2023

BATTLE OF THE ELEMENTS

BUY YOUR KIT NOW!

KEY EVENTS

- Stong Pit Party
- Glendon Carnival
- Athletic Showdown
- O-Week Formal
- Beach Day
- Talent Show



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Meet Your O-Chair

Hey Stong! My name is Safiyya LaForest (she/her) and I am excited to announce that I am your Orientation Chair for the 2023/24 year!

Orientation Week (O-Week) is a week's worth of events scheduled to happen this year from Aug. 26, 2023 - Sept. 4, 2023. It's a great way to meet your peers and learn about the resources our university has to offer.



[GET YOUR FROSH KITS HERE](#)

[BUY NOW](#)

[O-WEEK EVENT REGISTRATION](#)

Register to attend select free events during O-Week!

[REGISTER](#)

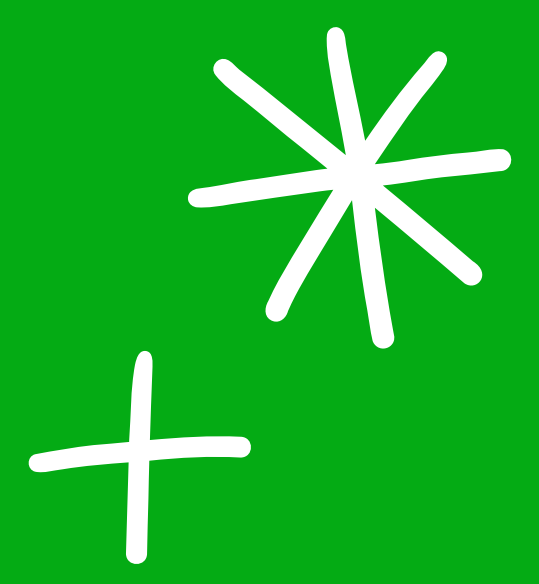


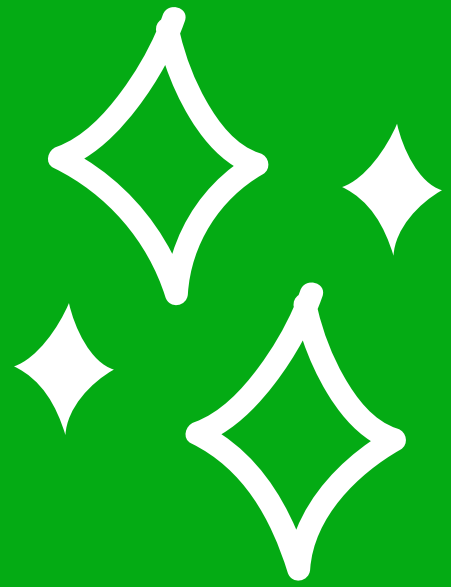
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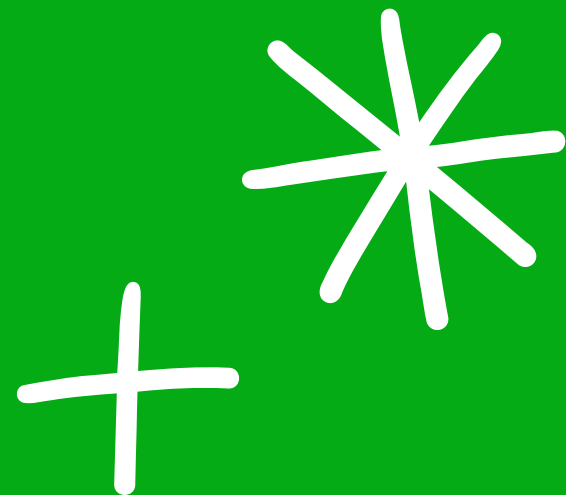


Q&A





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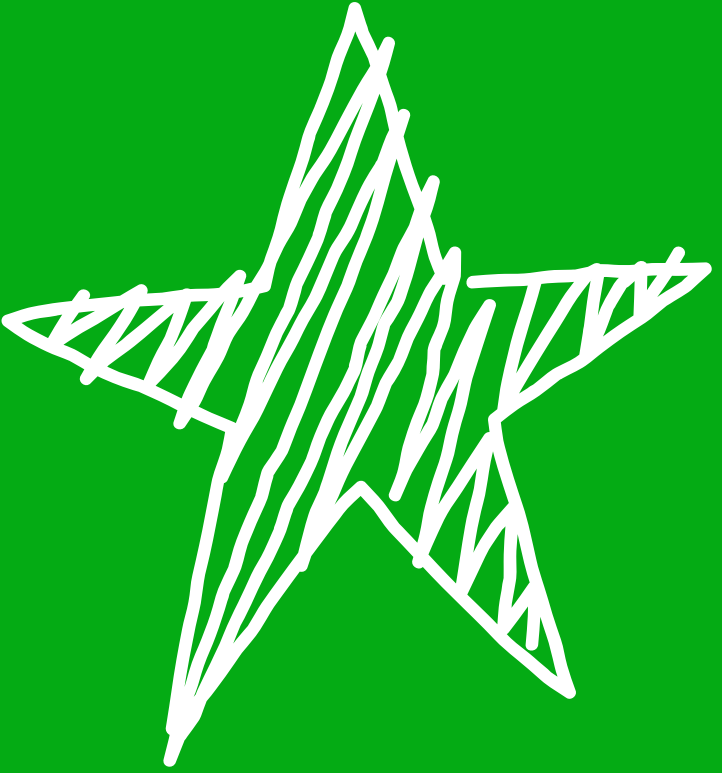
Instagram

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Website

[stongcollegesg.com/
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WE HOPE TO
SEE YOU
THERE!

