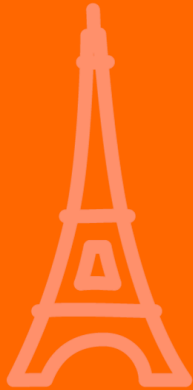


# Ontario Auvergne-Rhône-Alpes

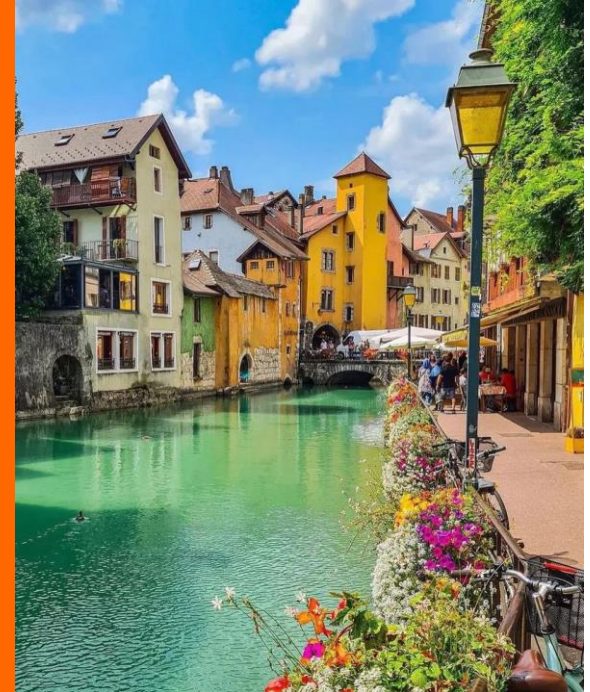
Explore **opportunities** and **support** to do a mobility in **France**



**Fall 2025**

**Agnes POLESZCZUK - ORA Program Coordinator**

**Salomé LIMERY Representative of Campus France in Toronto**



# ORA STUDENT EXCHANGE PROGRAM



## 3 ORA Programs

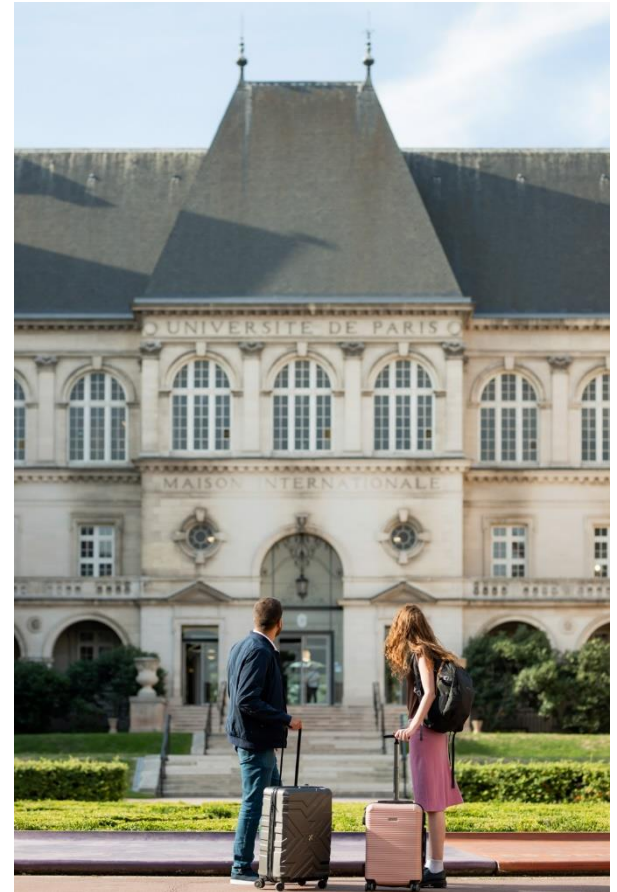
- ✓ Student exchange Program (1 or 2 semesters)
- ✓ Summer Research Program (3 months)
- ✓ Summer Language Program (4 to 6 weeks in June or July exact dates to be confirmed)

Application deadlines are confirmed with your home university.

## Successful partnership in France

- ✓ More than **30 years of success mobility in France**
- ✓ 10 partners universities in France and 11 in Ontario.
- ✓ **Credits transferable** to your home university
- ✓ **Scholarships available**

Website : <https://www.yorku.ca/ouinternational/ora>



**Studying in the Auvergne-Rhône-Alpes region offers a unique combination of academic excellence, quality of life, and cultural opportunities.**

Located in the heart of Europe, the region offers:

- ◆ Easy access to major cities like Paris, Geneva, Milan, and Barcelona.
- ◆ An international airport in Lyon and excellent rail connections
- ◆ A gateway to both Alpine adventures and Mediterranean relaxation.

## Exceptional Quality of Life

- ◆ **Lyon:** a UNESCO World Heritage city, known for its gastronomy and vibrant student life.
- ◆ **Grenoble:** surrounded by the Alps, perfect for outdoor enthusiasts.
- ◆ **Saint-Etienne and Chambéry :** student-friendly cities
- ◆ The cost of living is also generally **lower than in Paris**, making student life more affordable.

## A Rich Cultural and Natural Environment

From film festivals in Annecy to ski resorts in Chamonix, the region is culturally diverse and naturally stunning. Students can enjoy:

- ◆ Local cuisine and wine regions
- ◆ Museums, music, and cultural events year-round



# WHY AUVERGNE RHONES ALPES ?

## Beautiful and exciting region in the southeastern France

- ✓ 2nd economic region of France, strong in industry, research and innovation
- ✓ Renowned and prestigious universities
- ✓ Culturally vibrant and steeped in history
- ✓ Famous for its culinary culture
- ✓ Centrally located (2-hour direct connections to Paris and the Mediterranean)
- ✓ Home to the Alps, skiing and hiking opportunities

## Learn more about it

- ✓ Auvergne Rhône Alpes tourism : [Page d'accueil - Auvergne-Rhône-Alpes Tourisme](#)
- ✓ **Campus France** [Youtube channel](#): videos about life in France ([accommodation](#), [work](#), [health](#), [opening a bank account](#), etc.)
- ✓ [Student cities](#)
- ✓ Online guide [Choose France](#)



# WHY ORA ?

## Get support for an incredible experience in France

- ✓ Student Exchange Program
  - \$4,000 for a two-semester exchange
  - \$3,000 for a one-semester exchange
- ✓ Summer Research Program
  - \$1,500 (plus a monthly stipend from the French lab)
- ✓ Summer Language Program
  - \$ 1,200

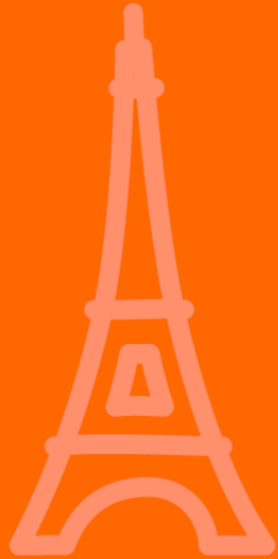
\*Available to Canadian citizens or Permanent residents

## Support prior to your stay in France

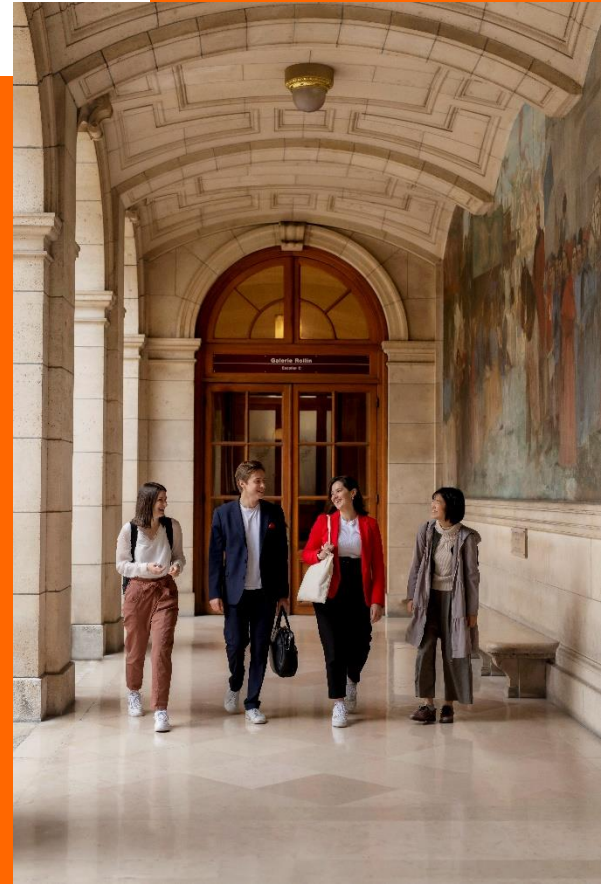
- ✓ An orientation session in the spring to help you connect with other ORA students going to France
- ✓ Helpful information on French bureaucracy, housing, travel, visa, and other practicalities
- ✓ Introduction to the French academic system and culture



# Student life in France



Discover France with an incredible experience !



# CAMPUS FRANCE

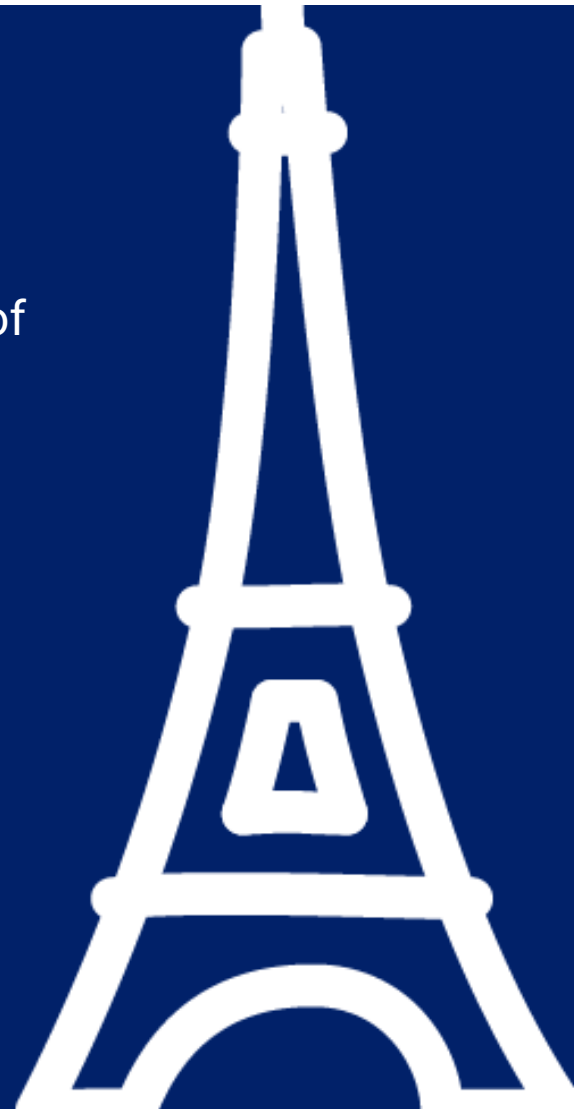
The French national agency for the promotion of higher education, and support international mobility

250+ offices in the world

4 offices in Canada:

- Ottawa
- Toronto
- Montreal
- Vancouver

[campusfrance.org](http://campusfrance.org)  
[canada.campusfrance.org](http://canada.campusfrance.org)





# 10 GOOD REASONS TO STUDY IN FRANCE



# 10 GOOD REASONS TO STUDY IN FRANCE

- 1 A world-class education**  
 France is ranked #3 in the world in the Shanghai Ranking. In 2021, the *Financial Times*' top five masters in finance are all French.
- 2 A leading nation for research and innovation**  
 Ranked second in the world for Fields Medals (mathematics) and fourth for Nobel Prizes, France is one of the most innovative countries in the world.
- 3 Reasonably-priced, state-funded education**  
 In French public universities, non-European students pay less than 4,000 euros a year for a master's degree, and European students pay almost nothing. The state covers most of the cost of students' education, not to mention the many scholarship opportunities available!
- 4 A wide choice of academic programs, all over the country**  
 Choose from 3,500 public and private institutions throughout France, and earn a diploma that's accredited by the French government and recognized throughout the world. Take advantage of the many corporate internship opportunities. You can also take one of our 700 distance learning courses.
- 5 An attractive destination for international students**  
 With nearly 370,000 international students from five continents, France is among the top host countries in the world.
- 6 Study in English in the heart of Europe**  
 Choose among more than 1,600 academic programs taught in English. Study in the heart of Europe (Erasmus, European universities) and just a few hours from Spain, Germany and the United Kingdom.
- 7 French language, an added bonus for your resume**  
 French is the world's fifth most widely spoken language in the world, and the most studied language in the world after English.
- 8 A label that guarantees the quality of student support services**  
  
 The "Bienvenue en France" (Welcome to France) label showcases higher education institutions that offer a special quality of support services. Our multicultural campuses enroll students from all over the world.
- 9 The French way of life**  
 More than 40,000 monuments and protected sites, 41 UNESCO World Heritage sites, 8,000 museums, 2,000 cinemas and nearly 500 festivals, not to mention gastronomy and a spirit of festivity.
- 10 One of the world's top economic powers**  
 France, the sixth economic power in the world and second in Europe in terms of GDP, is Europe's first destination for international investments in 2020.

# DESTINATION FRANCE



## Higher Education system in France

- Public universities
- “Grandes écoles” (private or public)
- Specialized schools and institutes
  - Schools of art and applied arts :
    - The National Schools of Architecture (ENSA)
    - Engineering schools



# THE FRENCH UNIVERSITY SYSTEM

## Different types of classes

- “*Cours magistraux*” (CM) or “*cours d’amphi*”: lectures
- “*Travaux dirigés*” (TD) or “*Travaux pratiques*” (TP): tutorials or lab work, in small groups  
(at Sciences Po, they are called CDM)
- There are mandatory classes as well as options that you must choose at the beginning of the academic year or the semester

## Different types of exams

- « *Les partiels* »: exams at the end of the semester
- « *Contrôle continu* » (continuous assessment): smaller exams and assessments all semester long (written tests, oral presentations, individual or collective works, etc.)

## Grading system

- On a scale from 0 to 20
- 10/20 is usually the minimum grade to pass, and 14/20 is usually considered “good”



# MUST BE SEEN IN FRANCE BY FRENCH ALUMNI

**IBRAHIM**

Master Sciences, sociétés et religions  
École Pratique des Hautes Études (PSL)  
TURQUIE

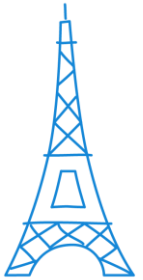
The difference between  
the North



# FEW TIPS / CULTURAL LIFE IN FRANCE

## How to discover the country

Public transport are everywhere, you can use bus and trains to discover other places. For example, Lyon is 2hrs away from Paris by direct train.



## Money

Euros – you can use debit or credit cards, we don't make the difference in France. Check the student discounts and always bring your student card with you !

## Daily life

Public holidays are different, check the calendar of your university. At restaurants tap water and bread are free. Tips are not an obligation, service and taxes are included in all prices.

## Studying

The Auvergne Rhône Alpes region is home to some of France's most prestigious universities and grandes écoles, such as: Université Grenoble Alpes École Normale Supérieure de Lyon, emlyon business school, INSA Lyon.

These institutions offer internationally recognized programs, strong research centers, and a multicultural academic environment.

France is a leading nation for research and innovation.



# ACCOMODATION

## BUDGET PREPARATION

- In France, students benefit from many financial aids and **discounts for many aspects of the daily life** (housing, groceries, transportation, culture, leisure).
- **Bring your student card everywhere you go** so that discounts can apply!
- In Paris, the cost of living is significantly higher than in other cities in France.

DAILY EXPENSES	
Rent in university housing	≈ €300 to €500 /month
Rent in private sector	≈ €500 to €950 /month
Tenant insurance	From €15 /month
Food	From €300 /month
Transportation	≈ €20 to €60 /month
Social security	€0 /month
Additional health insurance (' <i>mutuelle</i> '), optional	From €20 /month
Hobbies	From €150 /month
<b>TOTAL</b>	<b>From approx. €1 100/month</b>



# SEARCHING FOR AN ACCOMMODATION

## LONG TERM

- **Your host institution can help.** Some institutions (especially the *Grandes Ecoles*), have partnerships with public or private housing providers, or have a system for connecting their students with housing providers.
- **If not, we recommend to start your search early in the private market.**
- CROUS : public residence
- Private residence
- Private apartment

## SHORT TERM

- Airbnb
- Youth hostels
- Host family



[Read the Campus France housing guide](#)



# VISA APPLICATION PROCEDURE



*If you have dual citizenship and an EU passport (valid for the entire period of your stay in France), you don't have to request a visa but don't forget to **bring your Canadian passport to France with you**, so you won't have any issue coming back to Canada.*



**You can get support from Campus France Toronto to navigate to the process of getting a visa for France !**



# HOW TO APPLY FOR ORA AND SCHOLARSHIPS

- Visit the ORA website for information on the application process:  
<https://www.yorku.ca/ouinternational/ora>
- Contact the International Office of your home university.
- Follow the home university application process and submit the required supporting documentation by their internal deadline.



## CONTACT



**Agnes Poleszczuk ORA Program Coordinator**  
[apoleszczuk@ouinternational.ca](mailto:apoleszczuk@ouinternational.ca)



**Salomé Limery – Campus France Toronto**  
[toronto@campusfrance.org](mailto:toronto@campusfrance.org)

**Campus France Canada:**  
[Website](#) / [Facebook](#) / [Instagram](#)



# CAMPUS FRANCE ONLINE RESSOURCES



## Online tools

- ✓ Campus France [international website](#) and [Campus France Canada website](#)
- ✓ [E-ambassadors blog](#)
- ✓ Campus France [Youtube channel](#): videos about life in France ([accommodation](#), [work](#), [health](#), [opening a bank account](#), etc.)



## Online documents

- ✓ [Student cities](#)
- ✓ [Introduction to French institutions](#)
- ✓ [Housing solutions](#)
- ✓ Read the [checklist before your arrival](#) in France
- ✓ Online guide [Choose France](#)



**THANK YOU**

