

Impulse

①

↳ motion of an object with constant force acting;

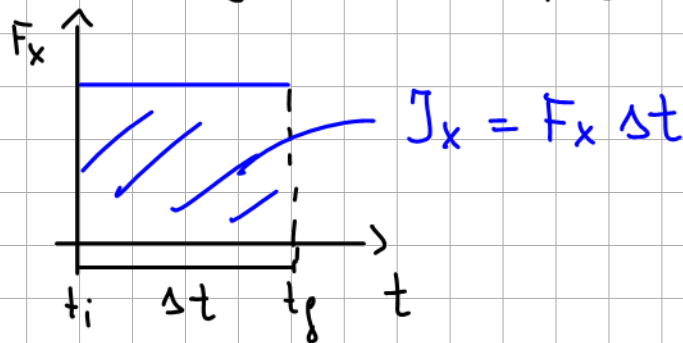
we know that $\vec{v}_f - \vec{v}_i = \vec{a} \Delta t$ ($\Delta t = t_f - t_i$)

$$\begin{aligned} \Leftrightarrow m(\vec{v}_f - \vec{v}_i) &= \vec{p}_f - \vec{p}_i = \Delta \vec{p} \\ &= m \vec{a} \Delta t = \vec{F} \Delta t \end{aligned}$$

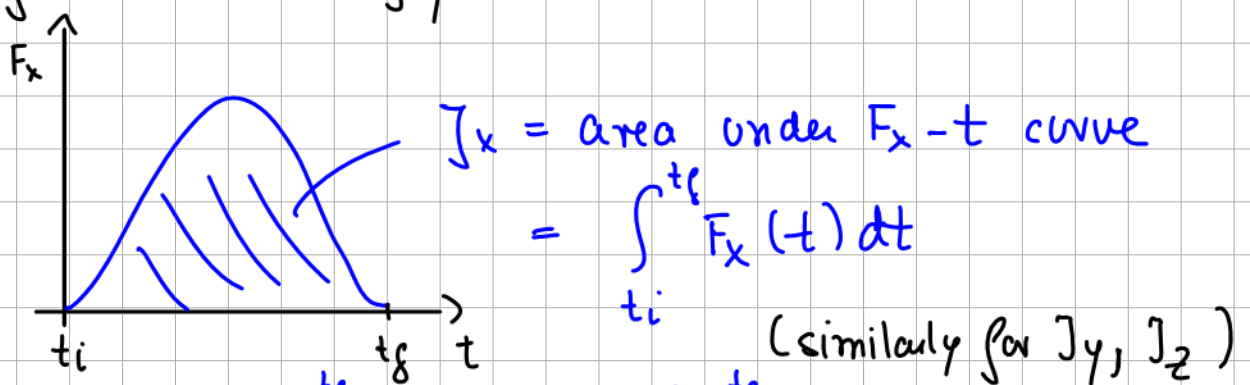
define impulse: $\vec{J} = \vec{F} \Delta t$

↳ impulse-momentum theorem: $\vec{J} = \Delta \vec{p}$

visualize J_x (similarly for J_y, J_z)



Hence, generalize definition to deal with non-constant forces accordingly:



$$\begin{aligned} \Leftrightarrow \vec{J} &= \int_{t_i}^{t_f} \vec{F}(t) dt = \left(\int_{t_i}^{t_f} F_x(t) dt \right) \hat{i} \\ &+ \left(\int_{t_i}^{t_f} F_y(t) dt \right) \hat{j} + \left(\int_{t_i}^{t_f} F_z(t) dt \right) \hat{k} \end{aligned}$$

②

Q: Is the impulse-momentum theorem still valid?

A: assume "yes":

$$\int_{t_i}^{t_f} \vec{F}(t) dt = \vec{p}_f - \vec{p}_i$$

$$= \vec{p}(t_f) - \vec{p}(t_i) = \vec{p}(t) \Big|_{t_i}^{t_f}$$

$$\Rightarrow \frac{d}{dt} \vec{p} = \vec{F}$$

is this true?

Newton-2

$$LS = \frac{d}{dt} (m\vec{v}) = m \frac{d\vec{v}}{dt} = m\vec{a} \stackrel{\downarrow}{=} \vec{F} = RS \quad \text{yes!}$$

One can turn argument around and infer work-impulse theorem from Newton-2, i.e. $\vec{J} = \Delta\vec{p}$ holds in general!

application ①: calculate/estimate average forces \vec{F}_{ave} for forces that act only for a short time and are difficult to measure

\vec{F}_{ave} is defined via

$$\vec{J} = \int_{t_i}^{t_f} \vec{F}(t) dt = \vec{F}_{ave} \Delta t$$

example: baseball bat on ball (book, ex 7.4)

$$m = 0.14 \text{ kg}, \Delta t = 0.001 \text{ s}, \vec{v}_i = (-45\hat{i}) \frac{\text{m}}{\text{s}}, \vec{v}_f = (+50\hat{i}) \frac{\text{m}}{\text{s}}$$

$$\Rightarrow \Delta\vec{p} = m(\vec{v}_f - \vec{v}_i) = 13 \text{ kg} \cdot \frac{\text{m}}{\text{s}}$$

$$|\vec{F}_{ave}| = \frac{\Delta p}{\Delta t} = 1.3 \times 10^4 \text{ N} \quad (\text{big!})$$

application ②: air bags: increase interaction time Δt to reduce F_{ave} for given Δp .