

Deffenbacher Driving Anger Scale (Deffenbacher, Oetting & Lynch, 1994) – Short form

Instructions: Imagine that each situation described below was actually happening to you and rate the amount of anger that would be provoked.

- | | none at all | a little | some | much | very much | |
|-----|-------------|----------|------|------|-----------|--------------------------|
| | 1 | 2 | 3 | 4 | 5 | |
| 1. | | | | | | <input type="checkbox"/> |
| 2. | | | | | | <input type="checkbox"/> |
| 3. | | | | | | <input type="checkbox"/> |
| 4. | | | | | | <input type="checkbox"/> |
| 5. | | | | | | <input type="checkbox"/> |
| 6. | | | | | | <input type="checkbox"/> |
| 7. | | | | | | <input type="checkbox"/> |
| 8. | | | | | | <input type="checkbox"/> |
| 9. | | | | | | <input type="checkbox"/> |
| 10. | | | | | | <input type="checkbox"/> |
| 11. | | | | | | <input type="checkbox"/> |
| 12. | | | | | | <input type="checkbox"/> |
| 13. | | | | | | <input type="checkbox"/> |
| 14. | | | | | | <input type="checkbox"/> |

Scoring: Sum the ratings for the 14 items.

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References

Deffenbacher, J.L., Oetting, E.R., & Lynch, R.S. (1994). Development of a Driving Anger Scale. *Psychological Reports, 74*, 83-91.