## TIPS TO AVOID WINTER SLIPS, TRIPS AND FALLS

IF YOU SEE AN AREA THAT IS ICY, OR IN NEED OF SNOW REMOVAL, CONTACT GLENDON FACILITIES SERVICES AT 416-487-6734 OR 416-736-2100, EXT. 66734

- 1. CHECK THE WEATHER, BE PREPARED, GIVE YOURSELF EXTRA TRAVEL TIME
- 2. WEAR APPROPRIATE, SLIP-RESISTANT FOOTWEAR THAT IS DESIGNED FOR WINTER USE
- 3. KEEP YOUR HANDS FREE FOR STABILIZATION
- 4. EXERCISE CAUTION WHEN GETTING IN AND OUT OF VEHICLES
- 5. AVOID DISTRACTIONS SUCH AS USING SMARTPHONES
- 6. TAKE SMALLER AND MORE FREQUENT STEPS TO MAXIMIZE CONTACT BETWEEN THE FEET AND WALKING SURFACES
- 7. STAY ON MAINTAINED PEDESTRIAN WALKWAYS AND AVOID TAKING SHORTCUTS
- 8. WATCH FOR WET/SLIPPERY FLOORS WHEN ENTERING AND EXITING BUILDINGS



Stay informed of weather emergencies and university closures by visiting yorku.ca/safety and downloading the York Safety App on your smartphone.

Urgent calls outside of regular office hours, please contact: Security Services at 416-736-5333 (or campus phone ext. 33333)



