

SOCIAL SERVICES RESOURCES

UPDATED AUGUST 2025



SHELTERS

Central Intake

For shelters and respites in Toronto
Call 311 or Central Intake at 416-338-4766

Youth Without Shelter

For youth age 16-24 who urgently need a place to sleep
416-748-0110
Press 0

CRISIS SUPPORT

Toronto Community Crisis Service (TCCS)

Free, confidential, in-person mental health supports city-wide from mobile crisis worker teams. TCCS supports Toronto residents 16+

Call 211 or 911 and request TCCS

DETOX

Toronto Withdrawal Management Services

Central access point for accessing withdrawal management services
1-866-366-9513

HOUSING		FOOD MEALS	SHOWERS LAUNDRY	DROP-INS	HEALTH CARE	YOUTH SERVICES
<u>THE ACCESS POINT</u> Centralized referral pathway for case management and supportive housing Contact: 416-640-1934 theaccesspoint.ca <u>CITY OF TORONTO</u> Centralized Waitlist (Rent Cafe) Contact: 416-388-8888 www.toronto.ca/accesstohousing Housing Access Monday-Friday 9am-3pm (walk-in) Address: 129 Peter Street		<u>FOOD BANKS</u> For the food bank that serves your area Contact: 416-203-0050	<u>STREETS TO HOMES</u> 24/7 Laundry facilities, showers, washrooms, & hygiene supplies Address: 129 Peter Street	<u>SYME WOOLNER</u> Jane's Place Drop-In Daily 9:00 am – 3:00 pm Wednesday Movie Night and Dinner 4-6pm Address: 2468 Eglinton Ave W Unit #3	<u>STREETS TO HOMES</u> Doctor on-site Wednesdays 9am-3pm Address: 129 Peter Street	<u>FRIENDS OF RUBY</u> The Friends of Ruby drop-in center is the place for lesbian, gay, bisexual, transgender, queer, intersex and Two-spirit youth in the GTA (aged 16-29) to find counselling, practical supports and a sense of community. Address: 489 Queen Street East, Unit 201 Contact: 416-359-0237
<u>HOUSING HELP CENTRES</u> Housing Help Centres are non-profit agencies that help people find and keep housing and avoid eviction. https://www.toronto.ca/community-people/housing-shelter/homeless-help/housing-help/		<u>WESTON KING NEIGHBOURHOOD CENTRE</u> Breakfast: M-Sat 10-11am Lunch: M, W, Th, F, Sat 1-2pm Dinner: Tuesdays 6-7 Address: 2017 Weston Road	<u>WESTON KING NEIGHBOURHOOD CENTRE</u> M,W,Th,F,Sat 10am-2pm Appointment: call (416) 241-9898, or stop by the centre Address: 2017 Weston Road	<u>THE CORNER DROP-IN</u> Meals, showers, laundry M-F 8-11:30am & 12-4pm Sat 8-11:30am Address: 260 Augusta Ave (Kensington Market)	<u>PQWCHC MOBILE HEALTH CLINIC</u> Location/Schedule: https://pqwchc.org/calendars/mobile-health-clinic-program-calendar Contact: 437-992-4035	<u>COVENANT HOUSE</u> For youth in crisis and homeless youth, ages 16 to 24 Shelter open 24-7 Contact: 416-593-4849 Drop-in Centre open Monday to Sunday, from 12:00 – 6:45 p.m. Contact: 416-204-7037 Address: 20 Gerrard St. East Contact: 16-204-7995 Email: info@covenanthouse.ca
<u>AGINCOURT COMMUNITY SERVICES ASSOCIATION</u> ACSA Housing Hub Hours: Monday to Saturday, 9am-3pm Address: 4155 Sheppard Ave. E., Suite 100, Scarborough Contact: 416-321-6912	<u>ALBION NEIGHBOURHOOD SERVICES (ANS)</u> ANS Housing Services Hub Hours: 6am-12noon Address: 21 Panorama Crt., Suite 14 Etobicoke Contact: 416-740-3704	<u>TORONTO DROP-IN NETWORK</u> Community Meal Program Calendar - updated regularly https://www.tdin.ca/meals	<u>REGENT PARK CHC</u> Daily shower & 1 load laundry/week M,W,Th,F 9am-330pm Tu 12noon-3:30pm Address: 465 Dundas St. E	<u>TORONTO DROP-IN NETWORK</u> Drop-ins with clothing banks https://www.tdin.ca/resources?tid=46	<u>SHERBOURNE HEALTH BUS</u> Locations/Schedule: https://sherbourne.on.ca/community-health-programs/health-bus/	
If you do not have enough money for food and housing and are in financial need, you can apply for Ontario Works assistance by calling 1-888-999-1142		<u>211</u> Search for food banks and free/low cost meals in Toronto https://211ontario.ca/search or call 211	<u>CITY OF TORONTO</u> List of public washrooms https://www.toronto.ca/explore-enjoy/parks-recreation-places-spaces/washrooms-drinking-water-in-parks-recreational-facilities	<u>PROGRESS PLACE</u> Community Place Hub M-F 9am-5pm Sunday 10am-3pm Contact: 416-323-1429 Address: 1765 Weston Road	<u>WESTON KING NEIGHBOURHOOD CENTRE</u> Drop-in Counselling Thursdays 2-4pm Nursing Clinic Thursday 5-6pm Address: 2017 Weston Road	



Have questions, need additional resources, or want support navigating services?
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