STUDENT COMMUNITY
& LEADERSHIP DEVELOPMENT
PARTNERS IN STUDENT SUCCESS

Learning Skills Services
Workshop Calendar

2020 Fall Term

SEPTEMBER 2020

Workshops are open to all York students.
For registration information, visit our website: yorku.ca/scld/learning-skills

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back!	**1**	**2**	**3**	**4**
7	**8**	**9**	**10**	**11**
14 **Secrets of Academic Success** ***12:30PM – 1:30PM***	**15** **Starting Off Strong (1st year students)** ***3:00PM – 4:00PM***	**16** **Time Management** ***1:00PM – 2:00PM***	**17** **Learning Power** ***11:30AM - 12:30PM***	**18** **Secrets of Academic Success** ***2:00PM – 3:00PM***
21 **Starting Off Strong (1st year students)** ***1:00PM – 2:00PM***	**22** **Secrets of Academic Success** ***2:00PM – 3:00PM***	**23** **Starting Off Strong (1st year students)** ***10:30AM - 11:30 AM***	**24** **Time Management** ***1:00PM – 2:00PM***	**25** **Reading & Notetaking** ***2:30PM - 3:30PM***
28 **Learning Power** ***12:00PM – 1:00PM***	**29** **Managing Academic Stress** ***3:00PM – 4:00PM***	**30** **Time Management** ***12:00PM – 1:00PM***		

* Schedule subject to change – please visit https://yorku.ca/scld/learning-skills/workshops/workshops for the most up to date schedule

DIVISION OF STUDENTS
PARTNERS IN STUDENT SUCCESS

Learning Skills Services

Learning Skills Services (LSS) are about “learning how to learn”, helping you take charge of your own learning and building your academic skill set and confidence

September 2020 Workshops

Secrets of Academic Success

Looking for key strategies to improve your academic achievement and confidence? Wondering which learning skills you most need to succeed at university? Take this workshop and find out.

Starting Off Strong (1st Year Students Only)

New to YorkU? Searching for the keys to academic success at university? Feeling a little overwhelmed by all the changes and challenges? This workshop is for you! Discover tools, tips and strategies to get you started on the right path to achieving your academic goals!

Time Management

Where does the time go? Are you having trouble balancing school, work, and life? How much study time is enough? Learn practical, personalized approaches to managing your time that work for you.

Learning Power

Looking for ways to become a better student and boost your learning power? This workshop will help you "learn how to learn", explore your own learning preferences, and introduce you to the top, research-supported learning strategies.

Reading & Note-Taking

Many students find keeping up with the readings and lecture notes at university to be a real challenge. Learn more effective reading and note taking techniques to help you stay on top of your course work.

Managing Academic Stress

Are you feeling stressed out by the pressures of academic life and looking for better ways to handle the daily grind? Learn new strategies for handling the anxieties and stresses of university life.

YORK UNIVERSITÉ UNIVERSITY

For details on how to register for workshops and how to make an appointment for Peer Academic Coaching, visit our website at http://yorku.ca/scld/learning-skills