



Workshops are open to all York students.

For registration information, visit our website: <https://www.yorku.ca/scld/learning-skills/>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Starting Off Strong 1:00pm - 2:00pm	2 Reading & Notetaking 10:00am - 11:00am ----- Critical Thinking 1:30pm - 2:30pm
5 Presentation Skills 12:30pm - 1:30pm ----- Learning Power 3:00pm - 4:00pm	6 Exam Prep 11:30am - 12:30pm	7 Time Management 10:00am - 11:00am ----- Reading & Notetaking 1:30pm - 2:30pm	8 Writing Tips 3:00pm - 4:00pm	9 Memory 1:30pm - 2:30pm
12 READING WEEK	13 READING WEEK	14 READING WEEK	15 READING WEEK	16 READING WEEK
19 Time Management 12:30pm - 1:30pm ----- Writing Tips 3:00pm - 4:00pm	20 Math & Science Study Tips 11:30am - 12:30pm	21 Exam Prep 10:00am - 11:00am ----- Managing Academic Stress 1:30pm - 2:30pm	22 Presentation Skills 10:30am – 11:30am	23 Mastering Group Work 1:30pm - 2:30pm
26 Managing Academic Stress 12:30pm - 1:30pm	27 Exam Prep 12:30pm - 1:30pm	28 Memory 10:00am - 11:00M ----- Critical Thinking 1:30pm - 2:30pm	29 Reading & Notetaking 3:00pm - 4:00pm	30 Time Management 10:00am - 11:00am



October 2020 Workshops

Reading & Note-Taking

Many students find keeping up with the readings and lecture notes at university to be a real challenge. Learn more effective reading and note taking techniques to help you stay on top of your course work.

Critical Thinking

At university, learning involves much more than just memorizing facts and figures. This workshop will help you push beyond purely descriptive levels of thinking to deeper levels of understanding, analysis, critical thinking and evaluation.

Presentation Skills

Does the thought of presenting in front of a group make you nervous? If so, you're not alone. This workshop will provide you with the essential tools you need to effectively develop and deliver a presentation.

Learning Power

Looking for ways to become a better student and boost your learning power? This workshop will help you "learn how to learn", explore your own learning preferences, and introduce you to the top, research-supported learning strategies.

Exam Prep

Multiple choice, short answer, calculations, or essay style – which form is your personal nemesis? Whatever the format, midterms or finals, if you could use some help in preparing for exams, then this workshop is for you!

Time Management

Where does the time go? Are you having trouble balancing school, work, and life? How much study time is enough? Learn practical, personalized approaches to managing your time that work for you.

Writing Tips

Term paper coming due? Essay to write? Academic writing can be a challenge. This workshop will help you plan, organize and fine-tune your writing, from picking a topic, right through to final proofreading.

Memory

Learn techniques to help you transfer all that course work information into your long-term memory, along with the strategies you'll need to retrieve the information when you most need it.

Math & Science Problem Solving Skills

Why are math-related, problem solving courses so challenging? To cope with the unique learning demands of these courses, you need special strategies to achieve academic success. Attend this workshop to find out more!

Mastering Group Work

Group assignments are an inevitable part of every student's experience. Like it or not, working collaboratively is a key skill not just for success at university, but also in the work world. This workshop is designed to help you and your classmates master the art of effective group work.

Managing Academic Stress

Are you feeling stressed out by the pressures of academic life and looking for better ways to handle the daily grind? Learn new strategies for handling the anxieties and stresses of university life.

Learning Skills Services

Learning Skills Services (LSS) are about "learning how to learn", helping you take charge of your own learning and building your academic skill set and confidence.