

Group Work: Identifying Personal Skills Reflection

1. List your top 3-5 personality strengths:

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____

2. List your top 3 academic strengths:

- a. _____
- b. _____
- c. _____

3. What parts of an assignment do you enjoy doing the most?

4. What types of university tasks and skills do you *least* enjoy and feel you aren't so good at?
