

RELATIONAL CULTURE WORKSHOP SERIES

A series of learning opportunities to enrich our skills for working with each other at York.

INTRODUCTION TO RESTORATIVE PRACTICES

by Pat Lewis, *International Institute for Restorative Practices Canada*

FRI, DEC 15, 2023
1-3pm, in-person

A look at how restorative practices can be integrated into post-secondary education to address conflict among colleagues and cultivate positive relationships in units.

MOTIVATIONAL INTERVIEWING: WORKING THROUGH CHANGE

by Dr. Stéphanie Wahab, *Portland State University*

MON, FEB 5, 2024
1-3pm, online

Motivational Interviewing (MI) is an interpersonal practice grounded in collaboration, acceptance and compassion that helps support others to make changes or pursue goals they've identified.

FACILITATING LISTENING CIRCLES: ADVANCED TRAINING AND ESSENTIAL SKILLS

by Pat Lewis & Kaleigh Mrowka, *International Institute for Restorative Practices Canada*

WED, FEB 21, 9:30-1:30pm
& TUES, MAR 26, 1-3:30pm,
online

This highly-interactive 2-part training is intended to teach the skills and considerations for becoming skilled facilitators of Listening Circles, which are 'safe spaces' for individuals to share their thoughts, perspectives and experiences surrounding a challenge or harm to their community.

WORKPLACE RESTORATION

by Dana Campbell-Stevens, *Rubin Thomlinson LLP*

TUES, APR 16, 2024
12:30-1:30pm, in-person

This session introduces an approach to restoration, to rebuild a sense of safety and productivity in the workplace after experiencing complex disruptions.

CREATING BRAVE SPACES FOR COMPASSIONATE CANDOR

by York Change Leadership + panel of experts from our York U Community

TUES, MAY 14, 2024
10am-1pm, in-person

In this session, participants explore the meanings of brave spaces and compassionate candor through engaging improv scenarios and reflective debriefs, gaining insight into leadership interventions at both interpersonal and systemic levels. Participants will leave ready to engage in open communication and cultivate empathy as leaders within their teams.