

COMPENDIUM – AGING POLICY AND HEALTHY AGING PROMOTION

York University Centre for Aging Research and
Education (YU-CARE)

The research produced by YU-CARE members and associates with regards to aging policy and healthy aging promotion are impactful at the individual, organizational, and societal levels. Research spans from topics including:

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*Authors shown in bold indicate a YU-CARE committee or associate member.

Please click the hyperlink (content highlighted and underlined in blue) at each citation to find each article or abstract.

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EMPLOYMENT, RETIREMENT & AGING

1. Higo, M. & Thomas R. **Klassen**, T.R. (2017) Reforms of Retirement Policies: Three Common Paths in Aging in Japan and Korea. [*Journal of Aging & Social Policy*, 29:1, 70-83.](#)
2. [The Redirection Project: Movers, Shakers and Shifters](#) Cannexus17, Ottawa, 2017
3. **Klassen** TR, Higo M (2016) Rapid Population Ageing and Reforms to Contractual Mandatory Retirement in Japan and South Korea. [*Journal of Gerontology Geriatric Research*. 5:350.](#)
4. Cook, S. L. (2015). Redirection: An extension of career during retirement. [*The Gerontological Society of America*, 55\(3\), 360-373.](#)
5. Hering, M., & **Klassen**, T.R. (2010). Strengthening Fairness and Funding in the Canada Pension Plan: Is Raising the Retirement Age an Option? [*Social and Economic Dimensions of an Aging Population Research Papers 263*](#), McMaster University.
6. **Klassen**, T.R. and Gillin, C.T. (2005). "Legalized Age Discrimination." [*Journal of Law and Social Policy* 20: 35-51.](#)
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SPORTS & LEISURE PROGRAMS FOR HEALTHY AGING

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2. **Meisner, B. A.**, Hutchinson, S. L., Gallant, K. A., Lauckner, H., & Stilwell, C. L.* (2019). Taking ‘Steps to Connect’ to later life: Exploring leisure program participation among older adults in rural communities. *Society & Leisure*, 42(1), 69-90. doi: 10.1080/07053436.2019.1582914 [Note: Special Issue on Social Participation, Leisure, and Active Aging]
3. Stilwell, C. L.,* Hutchinson, S. L., & **Meisner, B. A.** (2019). ‘I’ve got Parkinson’s and that makes a difference’: Understanding health and leisure through a Parkinson’s disease diagnosis. *Society & Leisure*, 42(1), 43-55. doi: 10.1080/07053436.2019.1582904 [Note: Special Issue on Social Participation, Leisure, and Active Aging]
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6. Dehghansai, N., Spedale, D., Wilson, M. J., & Baker, J. (in press). Comparing developmental trajectories of elite able-bodied and wheelchair basketball players. *Adapted Physical Activity Quarterly* (accepted December 11, 2019).
7. **Meisner, B. A.**, Hutchinson, S. L., Gallant, K. A., Lauckner, H., & Stilwell, C. L. (2019). Taking ‘Steps to Connect’ to later life: Exploring leisure program participation among older adults in rural communities. [Society & Leisure, 42\(1\), 69-90.](#)
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LONG-TERM CARE POLICIES AND REGULATIONS FOR OLDER PERSONS

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